

Unlocking each child's treasure trove of gifts and talents

29 May 2020

Hello Everyone

As we get back into the school year there are some events that we are working hard to see if it is possible to get them up and going again. In particular skiing and swimming. I sent out a survey about the winter sport programme and would like your feedback please. Wakatipu principals met this week and as a collective group have real concerns about extra financial costs on parents in the present situation. We are hoping to make a unified decision based on your feedback in the next week about whether we will run this in 2020. Having said that the student deal on ski passes is still available for families and I have also secured a deal for the Cardrona and Treble Cone fields for Kingsview students. The details are below.

NZski pass - \$104 for entire season,

Local Primary Schools: <u>https://shop.coronetpeak.co.nz/qt-primary-schools</u>

Cardrona/Treble Cone - \$125 for the season. I have forms at school that can be given to students if you are interested.

Thank you for those parents who have volunteered to assist on the field at lunchtime. We still need a few more helpers so please contact me if you can help.

We have just made another order for Hoodies including larger sizes. We are expecting them in the next 2 weeks and I will let you know once the screenprinter has them ready.

Please ensure your child wears or brings a coat to school. Despite frost we will be going outside in the fresh air for breaks.

A reminder of the drop off and pick up plan:

At level 2 any parent or visitor that comes onsite needs to fill out a register. To minimise the amount of paperwork and administration of this I am asking parents to drop off and pick up at the front door. A new procedure is as follows:

- Parents are asked to park and escort their children to the front door of the school
- · At the front door the students will make their way into the school and to their classroom
- · All students will use the main door of the school
- · Senior students will use rear door to access their classroom
- At pick up time students from rooms 1 and 2 will be seated in the foyer.
- Students from rooms 3 and 4 will be seated in the Hall
- Parents are asked to park (remember that the Tavern carpark is available to us)
- Parents will come to the front or Hall door and students will come out to meet them.

Student work;

Opal's story

Once upon a time there lived a naughty angel. The angel has chocolate coloured hair. She has a shiny white dress and her wings were pink. The angel wasn't following Gods rules. The angel got sent to Earth. The angel was being really good on the Earth. She was helping her sister.



Fantastic story Opal, Well done.

Term Dates for 2020

Term 2 Tuesday April 15 - 3 July Term 3 Monday 20 July – Friday 25 September Term 4 Monday 12 October – Wednesday 16th December

Board of Trustees The next Board meeting is 2 July 2020 6pm at the school. All welcome.

Uniform

Schooltex www.thewarehouse.co.nz/c/schools Hoodies and sport shirts available from the school.

Parking

There is no parking on yellow lines at anytime. Please do not park where the buses pick up and drop off students. No U Turns are permitted on Yewlett Cres.

Buses

If your child usually catches a bus and is not going to travel **home** on the bus on certain days please email. <u>jordana@kingsview.school.nz</u> please email by lunchtime on the day of the change of travel. Mrs O'Shea is the school bus controller.

Update of contact details If you have changed address, cell phone or any other details please let the office know. <u>office@kingsview.school.nz</u>

Lunches online:

From Monday 25th of May you can again order lunches online to be delivered. We are also adding the option of Dumplings on Thursday.

Options below: The Hayes has lunches on Mondays

Dumplings on Thursday

Sushi on Friday.

Please go to www.lunchonline.co.nz



Sushi & The Hayes Restaurant at Kings view

Sushi delivers evry Fri starting Fri 22nd Nov The Hayes deliver every Mon from 25th Nov

It's simple; all you need to do is register an www.lunchonline.co.nz and follow 4 easy steps to get started

- 1 Register an account
- 2 Add member/s including your child's name, school and classroom
- 3 Make a payment so you have funds in your account before you order
- 4 Select your lunch and place an order



The School Day	
Arrival at school	8.30am
Class begins	8.45am
Morning Interval	10.30am-10.50am
Lunch	12.30pm-1.15pm

Children leave the School 2.50pm

Please sign in at reception if you arrive late, or need to pick your child up during the school day. Please remember, if your child is going to be absent or needs to leave early for an appointment, it is essential that you inform the classroom teacher. Prior notice is always appreciated. See the 'Attendance Matters' brochure in the foyer.

Stay Safe Stay Informed

Emergency Mobile Phone alerts sent by the Ministry of Civil Defence. For more information <u>http://www.civildefence.govt.nz/emergency-mobil-alert</u>

Get Ready Get Through - http://www.gldc.govt.nz/services/emergency-management/

The Civil Defence point is St Margaret's Church on McBride Street, Frankton. This is the place we will go to if we have to evacuate the building in the event of an earthquake or other disaster.

Skool Loop This is an essential tool for keeping us in contact with you and also gives you the ability to email both staff and the office quickly in one go for absentee situations.

Please download this app, it is available for all smartphones.

The use of phones and tablets and any other device at school is not permitted. If your child has a phone or device this must remain turned off in their bag or handed into the office for safe keeping. If you need to talk with your child please contact the office. If your child is using a device on the bus or way home, please remember that you are responsible for what they search or how that device is used. Caution is advised as sometimes they are encouraged to use these occasions inappropriately.

Community Notices

Public Health Nurse

Maria Frewen <u>maria.frewen@southerndhb.govt.nz</u> 0274648990

Wakatipu Health Shuttle

Available for health appointments to Invercargill. 0800103046 Bookings are required by 3pm the day prior to transport.

https://www.scene.co.nz/digital-edition/

Thursday 28 May edition

Queenstown Hockey Club

Registrations are now open visit our FB page or email wakatipuhockeyclub@gmail.com

Southern REAP

Whats on. Courses, dates and fees @ www.reap.co.nz 0800111117 enquiries@reap.co.nz for more information.

Stress and anxiety is all about uncertainty and not knowing ("what if...."). **THE ANTIDOTE TO UNCERTAINTY IS... CERTAINTY.** As such, in preparation for a return to school (which is likely a source of uncertainty to your child) focus on **maximising routine and structure** in your child's life. This is about getting them back into the old routines that previously worked, plus maybe adding some new ones that might further reduce their stress/anxiety.

Core aspects of structure and routine to work on:



SLEEP Get back into a set sleep routine everyday e.g. teeth, book, bed. The main thing is ensuring the **wake up time is the same every day** (this anchors the sleep/wake cycle). Also, **no** devices in bedroom from an hour prior bedtime, and no naps during the day.

MEALS Having consistent meal times is helpful. Start to return to original school day meal times for breakfast, lunch and dinner. Eat as a family at the table.





EXERCISE AND OUTDOOR ACTIVITY. Exercise is brilliant at reducing stress and anxiety, especially in green spaces. Try to get them (and you) outdoors for more than 30min every day. It will reduce stress and improve sleep as well.

FAMILY TIME / SOCIAL TIME Try to go back to, or start some new social routines e.g. regular game nights, walks, baking together, eating dinner at the table together, 'daddy-daughter time', 'mum-son time', and so on.





SCREENS (!) Negotiate clear limits and times (e.g. none in bedroom after dinner) and agree on rules to monitor what your child is doing (e.g. agree to occasionally look at browsing history or texts).

ROUTINE 'TO DO' LISTS Create a morning routine list, or things to check off when home from school or tidying their room. Use other privileges as incentives, e.g. "When you have done your morning to do list, you can have your phone/TV time".



C Parkes & Silva 2020

Girl Guiding NZ Volunteers Wanted

Join us and use fun and adventure to build girls' confidence and life skills. Flexible options to fit your lifestyle. <u>andrea.mclean@girlguidingnz.org.nz</u> 0800222292

Phil Hartshorn's Dunedin School of Music

Guitar, Drums and Bass Tuition Phone 0210750927 Including quality online in person teaching. 0210750927

www.dunedinguitar.nz/

Music Lessons with Anna-Maree Morris

Piano, guitar, theory, musicianship and performance. Queenstown, Cromwell and Alexandra Beginners to advanced. Half hour lessons \$25.00 <u>annamareemusic@yahoo.co.nz</u>, 0212044687

If you have any information you would like to share as part of your church community we are happy to include this in our newsletters.

Mike Stanley Principal